

INTRODUCTION

The full qualification (NQF 3) prepares the learner to work as a Home-Based Personal Care Worker (HBC), while the part qualification (NQF 2) allows the learner to work as a Home-Based Personal Care Assistant. The full qualification covers more theory and allows the learner to take on more responsibility, while the part-qualification focusses predominantly on practical aspects of care. Both categories require professional supervision and support.

PURPOSE OF THE TRAINING

A Home-Based Carer will be able to provide supervised care and support to patients and household members in the home, in order to promote, restore and maintain a person's comfort, function, spiritual wellbeing and physical health including care towards a dignified death. The work of a Home-Based Carer focusses on therapeutic work (to make better), rehabilitative work (to restore to health), long-term maintenance (to care for over a long time) and palliative care (for those with life-limiting conditions). All these tasks require time and commitment and imply a longer-term relationship with clients/patients.

ADMISSION CRITERIA

Learners enrolling to do the full qualification (NQF3) must have the following:

- Grade 12 schooling with English or any other grade with Foundational Learning Competence ([FLC](#)).

Learners enrolling to do the part qualification (NQF2) must have the following:

- A qualification at Abet Level 4 or Grade 9 Schooling

MAXIMUM NO OF PARTICIPANTS

Maximum of 30 students per group.

COURSE DESIGN

The two qualifications require knowledge modules, practical skills modules and workplace experience.

Full qualification – 5 Knowledge Modules, 6 Practical Modules, 8 Workplace Experience Modules
 (1350 notational hours over 1 year)

Part qualification – 1 Knowledge Module, 3 Practical Skills Modules, 4 Workplace Experience Modules
 (700 notational hours over 6 months)

Learning Outcomes

1. Provide holistic care and support to patient and household members
2. Communicate effectively with patients and household members
3. Operate effectively and efficiently within a multi-disciplinary team context
4. Recognise when to refer, and who to refer to whom, and why
5. Complete a generic guideline report/template on patient care

COURSE CONTENT

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| <ul style="list-style-type: none"> • Health, wellness, ethics and values • Concepts - patient centred care and quality of life • Principles of communication • Anatomy and physiology • Concepts and principles of rehabilitative care • Therapeutic management of physical & emotional ailments (wounds, basic first aid, mental illness, communicable and non -communicable disease, treatment adherence, common ailments and referrals) • Principles of therapeutic support (community and roles of home-based carer) • Capacitate patients/family/household members in basic practical care skills • Record and submit required information as per schedule | <ul style="list-style-type: none"> • Concepts & principles associated with ageing • Concepts & principles of palliative care • Pain assessment & management • Assess and identify the needs of patients and family/household members. Develop/update a standardised care plan • Identify and report on possible needs of patients and family/household members on an ongoing basis • Implement delegated components of the care plan (household and patient): <ul style="list-style-type: none"> • Skill 1 Physical Care • Skill 2 Emotional Support • Educate patients and family/household members • regarding the specific health/social conditions |
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TRAINING ASSESSMENT

Both qualifications require knowledge modules, practical skills modules and workplace experience.

Assessments:

- Worksheet tests for each module.
- Practical skills competency checklists.
- Statement of work experience.
- Portfolio of evidence (POE) with internal assessments.
- Final External Integrated Summative Assessment (EISA)

COURSE ACCREDITATION

Full qualification NQF 3: Home-Based Personal Care Worker SAQA ID 104792
Part qualification NQF 2: Home-Based Personal Care Assistant SAQA ID 104779

CERTIFICATION

Students who successfully pass the External Integrated Summative Assessment (EISA) will be issued with a QCTO Occupational Qualification.

CORRESPONDENCE

All correspondence can be directed to the Home-Based Care Training Programme email: training@apcc.org.za