

Form to send to your unemployment insurance fund

Read the instructions on the information sheet before applying for the certificate.

How to apply

1. Fill in your basic information in part 1.
2. Send the form to your unemployment insurance fund which will complete part 2.
3. Fill in and sign part 3 when you receive the form back from your unemployment insurance fund.
4. Send the form to the IAF.

1. Basic information – to be completed by you

First name	Surname	National identity number, 12 digits
Residential address in Sweden		Telephone number/Mobile phone
		E-mail address
Postal code and city/town		Place of birth according to passport
Residential address in the country in which you want to look for a job		Citizenship according to passport
		Do you have a digital mailbox for receiving government mail? ☐ Yes ☐ No
Postal code and city/town	Country	Date of departure (day month year)
The Swedish Unemployment Fund you are a member of		

2. Information from your unemployment insurance fund – to be completed by your unemployment insurance fund

The application was received on		
Does the applicant receive unemployment benefits from the unemployment insurance fund? ☐ Yes ☐ No	According to which insurance? ☐ ALF97 ☐ ALF24	Benefits since (day month year)
Timesheets are available up to and including (year, week)		Monthly reports are available up to and including (year, week)
Has the applicant declared that he/she is fully unemployed on the timesheets? ☐ Yes ☐ No		
Any additional information		
Has the applicant declared any time off (hindertid) or income in the monthly reports? ☐ Yes ☐ No		
Any additional information		
How many days of the benefit period does the applicant have left counting from the date of departure (provided that he/she is fully unemployed)? days		
Answer only if the number of days remaining is less than 67 days: Do we anticipate that the applicant will be granted a new benefit period/150 new days of unemployment benefits? ☐ Yes ☐ No		
Has the applicant previously been granted an E 303/U2 certificate? ☐ Yes ☐ No ☐ Don't know	If "Yes", has the applicant worked since that time? ☐ Yes ☐ No	

2. The unemployment insurance fund's information continues on this page

Fill out only if, the applicant at his/her last job was self-employed.

Is the applicant a fully unemployed self-employed person?

☐ Yes ☐ No

Is the applicant a frontier worker?

☐ Yes ☐ No

Specify state of residence:

Does the unemployment insurance fund require monthly feedback from the competent institution abroad?

☐ Yes

Any additional information

Information provider/Printed name

Stamp of unemployment insurance fund with postal address

Date

Telephone number

3. Information about your most recent job and signature – to be completed by you

Enter date (day month year) of when you last worked (you should fill in the date regardless of how much or little you worked that day)

NOTE: Please contact IAF if you are working after submitting your application for the U2 certificate.

I certify that:

- I have taken the information provided by the unemployment insurance fund in this form into consideration and that it is correct.
- I have taken the information attached to the application for the U2 certificate or E 303 certificate into consideration.

Date

Signature

Send the application to:

Inspektionen för arbetslöshetsförsäkringen (IAF)
Box 210
641 22 Katrineholm

The data provided will be processed in the Swedish Unemployment Insurance Inspectorate's (IAF) data system. Read more about the processing of personal data at the IAF at <https://www.iaf.se/u2/information-om-hur-vi-hanterar-personuppgifter/>

Form to send to the Swedish Public Employment Service

Read the instructions on the information sheet before applying for the certificate.

How to apply:

1. Fill in your basic information in part 1.
2. Send the form to the Swedish Public Employment Service which will complete part 2.
3. Fill in and sign part 3 when you receive the form back from the Swedish Public Employment Service.
4. Send the form to the IAF.

1. Basic information – to be completed by you

First name	Surname	National identity number, 10 digits
Residential address in Sweden		Telephone number/Mobile phone
		E-mail address
Postal code and city/town		
Residential address in the country in which you want to look for a job		
Postal code and city/town	Country	Date of departure
The Swedish Unemployment Fund you are a member of		

2. Information from the Swedish Public Employment Service – to be completed by the Employment Service

The application was received on		
Is the applicant registered at the Public Employment Service? ☐ Yes ☐ No	If "Yes", please indicate the job-seeker category for the last three months and date for the respective category:	
Any additional information, such as planned activities.		
Information provider/Printed name		Employment Service stamp
Date	Telephone number	
Send the application to: Arbetsförmedlingen Enheten Ersättning/EU-intyg 107 67 Stockholm E-mail to Arbetsförmedlingen: eu-intyg@arbetsformedlingen.se		

3. Your signature

I certify that:

- I have taken the information provided by the Swedish Public Employment Service in this form into consideration and that it is correct.
- I have taken the information attached to the application for the U2 certificate or E 303 certificate into consideration.

Date

Signature

Send the application to:

Inspektionen för arbetslöshetsförsäkringen (IAF)
Box 210
641 22 Katrineholm

The data provided will be processed in the Swedish Unemployment Insurance Inspectorate's (IAF) data system. Read more about the processing of personal data at the IAF at <https://www.iaf.se/u2/information-om-hur-vi-hanterar-personuppgifter/>

Important information for Certificate U2 applicants

Jobseekers who are wholly unemployed may be entitled to receive Swedish unemployment benefit for a maximum of three months while seeking employment in another EU/EEA country, Switzerland or Great Britain and Northern Ireland. To do so, you must apply for a Certificate U2. Read on to learn how to apply for a Certificate U2, the conditions for obtaining a Certificate U2 and what applies in certain situations.

Certificate U2 applicants must fulfil the following conditions:

- You will seek employment in another EU/EEA country, Switzerland or the UK.
- Before your departure, you were wholly unemployed, registered as a jobseeker and at the disposal of the Swedish Public Employment Service for at least four weeks after becoming unemployed. IAF can waive parts of this period under certain conditions, for example, if you are accompanying your spouse or partner who is going to work in another Member State. Your information must be supported by an employment contract/proof of employment sent with the Certificate U2 application.
- Your unemployment insurance fund has decided that you are entitled to unemployment benefit on the day of your departure at the latest. It is not possible to export aktivitetsstöd for example.
- You have applied for a Certificate U2 before travelling.
- If you have previously held a Certificate U2 or E 303 certificate, you must have worked since then and fulfil the conditions again to be granted a new Certificate U2.
- You must be a citizen of an EU/EEA country or Switzerland, a stateless person under the New York Convention, a refugee under the Geneva Convention or a citizen of a country outside the EU/EEA area or Switzerland.

Additional conditions for citizen of non-EU/EEA countries and Switzerland

If you are a citizen of a country outside the EU/EEA and Switzerland, you can apply for a Certificate U2 for jobseekers in another EU country (but not in Denmark). You must have the right to stay in Sweden. You must also have the right to work and register with the employment office in the country where you intend to look for work.

If you are granted a Certificate U2, you may need to present documents proving that you have the right to reside and work in the country to which you travelled.

If you wish to seek work in the United Kingdom, you must apply for an E 303 certificate (see under "Jobseekers with an E 303 certificate" and "Information for those seeking work in Great Britain and Northern Ireland with Swedish unemployment benefit").

How to apply for the Certificate U2

1. Certificate U2 application forms are available above. Complete Part 1 of "Form to send to your unemployment insurance fund" and Part 1 of "Form to send to the Public Employment Service".
2. Do not send the forms to your unemployment insurance fund or the Public Employment Service until three weeks before your departure date. Use the address of your unemployment insurance fund. address of the Public Employment Service is on the relevant form at the bottom of Part 2.
3. Your unemployment insurance fund and the Public Employment Service will complete Part 2 and return the forms to you.
4. When you get the forms back, check that they are complete and sign them both in Part 3.
5. Then send both application forms to IAF. You are responsible for ensuring that your application reaches IAF on time and is complete. If your application is incomplete, it will be returned to you for completion. If you have a digital mailbox for receiving government mail, it will be sent there.

Information for people with limited working capacity

If you have a limited working capacity, this may impact your possibilities to register as a jobseeker with employment offices abroad. If you have a limited working capacity, contact the employment office in the country you plan to travel to with your Certificate U2.

If you receive benefits from the Swedish Social Insurance Agency, contact them for information about these benefits and whether they will continue to be paid if you are granted a Certificate U2.

Information for those seeking work in Great Britain and Northern Ireland with Swedish unemployment benefit

On 1 February 2020, Great Britain and Northern Ireland left the EU, starting the transition period which ended on 31 December 2020. During the transition period, Great Britain and Northern Ireland remained part of the Single Market and Customs Union and subject to the Court of Justice of the European Union.

From 1 January 2021, new rules apply under the EU-UK Withdrawal Agreement. Now, only those who were both in a cross-border situation before the end of the transition period and who remained in a cross-border situation after the end of the transition period are able, under certain conditions, to seek work with a Certificate U2 in the UK for three months.

A cross-border situation might be, for example, a UK citizen who exercised his/her free movement before the end of the transition period and resides and works in Sweden, and still lives and works in Sweden after 1 January 2021.

Those considering an application to take unemployment benefit to Great Britain or Northern Ireland should contact IAF for more information.

Jobseekers with an E 303 certificate

The E 303 certificate can be obtained under certain conditions if you are a citizen of a country outside the EU/EEA or Switzerland and are seeking work in the UK. To be eligible for the E 303 certificate, you must complete the same application form and fulfil the same conditions as for the Certificate U2 (see below). See also "Additional conditions for citizens of non-EU/EEA countries and Switzerland". If you receive an E 303 certificate, the UK is responsible for paying your Swedish unemployment benefit.

Specific information on citizenship

Some restrictions may apply mainly to citizens of the countries that joined the EU in 2004 and 2007. Contact the Public Employment Service for more information.

IAF can provide additional information about seeking work abroad while retaining Swedish unemployment benefit for citizens of a country outside the EU/EEA area or Switzerland, stateless persons under the New York Convention and refugees under the Geneva Convention.

Information on some countries' requirements for identification numbers

Some countries require you to obtain a citizen identification or social security number before registering with their employment offices. Spain, for example, requires a Spanish personal identification number to register with the employment office. To avoid enrolment issues, learn what rules apply in the country where you will seek work. In some cases, it may be necessary to start this process even before your departure.

Contact the authorities in the country where you will seek work with any questions about the rules for registering with the employment office.

Information for previously self-employed frontier workers

If you are wholly unemployed and your last job was as a self-employed person in Sweden, but you live in another Member State, you can apply to export your unemployment benefit there using Certificate U2. However, this assumes that no other unemployment benefit scheme covering self-employed persons exists in the Member State where you live. You do not have to fulfil the condition of being at the disposal of the Swedish employment service for four weeks prior to your departure after becoming unemployed. However, you must fulfil all other conditions (see page 1).

What happens after I apply for a Certificate U2?

Change of departure date

If you wish to change your date of departure after submitting your application, you must contact IAF well in advance of your departure.

After IAF has decided in your matter, your departure date can only be changed in certain cases. IAF cannot change your departure date after the decision has been made and the previous departure date has passed. It is therefore important that you contact IAF, the Public Employment Service and your unemployment insurance fund immediately if you intend to postpone your departure date.

If you no longer wish to travel

If you have submitted an application for a Certificate U2 but no longer wish to go abroad, you must inform IAF immediately. You must also inform the Public Employment Service and your unemployment insurance fund that you do not intend to go abroad.

If you have received a decision regarding a Certificate U2 but do not intend to travel, it is important that you contact IAF, the Public Employment Service and your unemployment insurance fund immediately. IAF can only in certain cases revoke an already issued U2 Certificate. IAF cannot revoke your certificate after your departure date has passed.

IAF makes a decision on your application

IAF's decision, i.e., either a Certificate U2 or a rejection decision, is sent to your address in Sweden. If IAF considers that you will not be able to receive the decision before you leave, the decision can be sent to your foreign address. Therefore, please make sure to clearly indicate full addresses in your application. If you have a digital mailbox for receiving government mail, a copy of the Certificate U2 or the rejection decision is sent there.

In some cases, IAF can withdraw your Certificate U2

In some cases, IAF is unable to verify whether a Certificate U2 applicant has declared full unemployment in the four weeks before their departure. To ensure that applicants receive their certificates before travelling abroad, IAF may issue a Certificate U2 with a withdrawal clause in these cases. This means that the decision can be modified and withdrawn if an ex-post control

reveals that you have worked during the four weeks preceding your departure date and therefore did not fulfil the conditions for obtaining a Certificate U2.

If your certificate is withdrawn or modified, you, your unemployment insurance fund and the Public Employment Service will be informed. If you decide to travel despite working in the four weeks prior to your departure date, this may affect your entitlement to unemployment benefit. It is therefore important that you contact your unemployment insurance fund, the Public Employment Service and IAF if you decide to leave despite having worked.

You must register in the country where you are seeking work

If you have been granted a Certificate U2, your Swedish unemployment insurance fund pays your unemployment benefit from Sweden while you are abroad. To receive your benefit, you must immediately register as a jobseeker with the employment office in your destination country. This applies even if you have not yet received IAF's decision. Please note that you must register within 7 days of the date of departure indicated on your Certificate U2 in order to receive unemployment benefit from the date of departure. If you register later than seven days, you can receive benefit only from the date of registration.

Unemployment benefit is not paid until the foreign employment office has informed your Swedish unemployment insurance fund of the date you registered as a jobseeker there. Enrolment is confirmed with a form entitled U009. When you visit the foreign employment office for the first time, it is a good idea to confirm with a case officer that Certificate U009 will be completed and sent to your unemployment insurance fund in Sweden. Note that it may take several weeks for the unemployment insurance fund to receive the U009 and for your unemployment benefit to be paid.

Returning to Sweden

If you do not find work during your period with Certificate U2, it is important that you return to Sweden within the authorized period and contact the Swedish Public Employment Service in order to continue receiving unemployment benefit from Sweden. The latest date by which you must return to Sweden is shown in item 2.2.1 of your Certificate U2.

If you are suspended from your unemployment benefit

If you are suspended from your unemployment benefit, your suspension as decided by the unemployment fund will continue to apply when you have been granted a U2 Certificate and seek employment abroad. This means that the certificate issued does not entitle you to unemployment benefit from an earlier date than the date stated in the unemployment fund's decision on entitlement to unemployment benefit.

For the suspension days to be calculated from the day of your departure, it is important that you register with the employment service abroad within seven days of the date of departure. If you register with the employment service abroad after seven days, the suspension days will start to be calculated from the day you register with the employment service.

It is important that you continue to submit your timesheets/monthly reports when you have left Sweden to seek employment abroad so that your unemployment fund can be able to see when you have completed your 45 suspension days.

Certification period is three months and cannot be extended

The certification period is three months. An ongoing certification period cannot be extended. Under Article 64 of Regulation No. 883/2004, it is up to the Member States themselves to decide on the possibility of extension. Sweden has decided not to extend Certificate U2 periods. Under Section 28 of the Unemployment Insurance Ordinance (1997:835), and section 13 of the Unemployment Insurance Ordinance (2024:1350) IAF may not extend an export period.

Any questions?

Learn more about seeking work abroad from the [Public Employment Service](#).

Contact your employment insurance fund with questions about your unemployment benefit or Certificate U1. Those who are not members of any unemployment insurance fund can contact the Alfa Unemployment Insurance Fund.

Questions about Certificate U2 (or the E 303 certificate) are answered by IAF. See our telephone hours at www.iaf.se/.

EU

Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, the Netherlands, Poland, Portugal, Romania, Slovakia, Slovenia, Spain and Sweden.

EES

Iceland, Liechtenstein and Norway.

Contact information to the unemployment insurance funds

Unemployment fund	Street address	Postal address	
Akademikernas erkända		FE 55	930 88 Arjeplog
Arbetslöshetskassan Alfa	Torggatan 25		503 34 Borås
Arbetslöshetskassan för service och kommunikation		Box 1149	111 81 Stockholm
Arbetslöshetskassan Vision		Box 7605	103 94 Stockholm
Byggnadsarbetarnas		Box 516	101 30 Stockholm
Elektrikernas		Box 45104	104 30 Stockholm
Fastighets		Box 359	101 27 Stockholm
Finans- och Försäkringsbranschens		Box 3111	103 62 Stockholm
GS		FE 06	938 88 Arjeplog
Arbetslöshetskassan Handels		Box 235	971 07 Luleå
Hotell- och Restauranganställdas		FE 22	938 88 Arjeplog
IF Metalls EU-gruppen		Box 70422	107 25 Stockholm
Journalisternas	Skansbrogatan 7		116 20 Stockholm
Kommunalarbetarnas EU-enheten		Box 1057	621 21 Visby
Ledarnas		FE 27	930 88 Arjeplog
Livsmedelarbetarnas		FE 10	930 88 Arjeplog
Lärarnas		FE 68	930 88 Arjeplog
Pappersindustriarbetarnas		FE 44	930 88 Arjeplog
Småföretagarnas		FE 56	938 88 Arjeplog
STs		Box 5100	102 42 Stockholm
Sveriges Arbetares		Box 6507	113 83 Stockholm
Säljarnas		FE 23	930 88 Arjeplog
Transportarbetarnas		FE 19	938 88 Arjeplog
Unionens		Box 17098	200 10 Malmö